

**William Paterson University
College of Education
Department of Special Education and Counseling**

Preparing Inquiring Educators: Knowledge, Understanding, and Application

Course of Study

1. Course Title and Number of Credits:

CSP 608 Career Counseling across the Lifespan 3 Credit Hours

2. Course Description:

This hybrid course examines major theories of career development across the lifespan and the issues that affect career development and career choice, including psychological, cultural, and social factors. Major assessment tools, including computer programs, will be examined. The interconnectedness of career development with other areas of development will be discussed as will the role of career counseling in the schools and mental health settings.

3. Prerequisites and Requirements: CSP 601, CSP 602, CSP 603 or by permission of course instructor

4. Course Objectives: (CACREP Standards addressed)

1. To familiarize students with theories of career development and transitions across the lifespan (II.G.3.a., II.G.3.h,II.G.4.a, II.G.4.d, SC C.1., C.4.)
2. To present basic knowledge of individual and group career counseling interventions (II.G.2.d.,II.G.3.e.,II.G.4.a, II.G.4.c., II.G.4.g)
3. To provide a historical perspective to the areas of career development and career choice (II.G.1.a., SC A.1.)
4. To familiarize students with major career assessment tools (II.G.4.f)
5. To familiarize students with the technologies that assist career choice(II.G.4.b, II.G.4.g)
6. To present information on the ways diversity affects career development and career choice(II.G.2.a, II.G.2.d, II.G.4.d, CMH E.2.)
7. To introduce the student to current research in career development and career choice(II,G,4.a,II.G.4.b,II.G.4.g, II.G.8.a, II.G.8.e)
8. To provide the student with the knowledge and skills necessary to assist clients from diverse backgrounds with career planning in the school and community agency settings(II.G.3.e,II.G.3.f, II.G.4.b., II.G.4.c, II.G.4.e., SC E.2.)
9. To explore retirement as a career issue(II.G.3.e,II.G.3.h,II.G.4.d)
10. To provide information on ethical and legal issues pertaining to career counseling (II.G.1.j.)

5. Student Learning Outcomes: Student will be able to:

1. Demonstrate a basic knowledge of individual and group career counseling interventions as evidenced by performance on exam, by career development project and by web assignment.
2. Demonstrate an understanding of the unique career development needs of diverse populations, including women, people of color, people with disabilities and older persons as evidenced by group presentation and in class discussion.
3. Demonstrate an ability to assist young people in planning and entering a career as evidenced by career development project.
4. Demonstrate a basic understanding of the major career development theories and interventions and the role of career assessment and technology in career counseling as evidenced by performance on exam and web assignment. (SC H.2.)
5. Demonstrate a basic understanding of the ethical issues involved in career counseling as evidenced by class discussion and performance on exam.

6. Course Content:

1. History of career counseling and vocational guidance
2. Trait and Factor Theories
3. Holland's Typology
4. Donald Super and Life span Theory
5. Career life planning
6. Social Learning Theory and career counseling
7. Career Maturity
8. Standardized career assessments
9. Myers Briggs Type Indicator
10. Career Guidance in the schools
11. Career counseling in the community agency setting
12. Career issues with special populations, including older persons
13. Technology in career assessment and counseling
14. Combining career and mental health counseling
15. Career counseling in the changing job market

7. Teaching/Learning Methods:

1. Lecture and discussion
2. Multimedia presentations
3. BlackBoard discussion
4. Small group discussion

8. Evaluation Methods:

1. Career development examination
2. Group presentations
3. Web Assignment
4. Career development project
5. Attendance and participation

9. Required Texts/Readings:

Liptak, J. (2001). *Treatment planning in career counseling*. Belmont, Ca: Brooks/Cole.

Zunker, V. (2006). *Career counseling- A holistic approach*(7thEd.)Pacific Groves, Ca:Brooks/Cole.

10. Preparer's Name and Date: Paula R. Danzinger, Ph.D., Fall, 1999

11. Department Approval Date: February, 1999

12. Reviser's Name(s) and Date: **Karen Decker, M.Ed., Paula R. Danzinger, Ph.D., & Henry Heluk, Ph.D.** Fall, 2008
Paula R. Danzinger, Ph.D., Fall, 2000

13. Revision Approval Date:

14. Bibliography:

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Crites, J.O., & Savickas, M.L. (1995). Revision of the career maturity inventory. *Journal of Career Assessment*, 4(2), 131-138.

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- Germeijs, V., Verschueren, K., & Soenens, B. (2006, October). Indecisiveness and high school students' career decision-making process: Longitudinal associations and the mediational role of anxiety. *Journal of Counseling Psychology*, 53(4), 397-410.
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- Hirschi, A., & Läge, D. (2007). Holland's secondary constructs of vocational interests and career choice readiness of secondary students: Measures for related but different constructs. *Journal of Individual Differences*, 28(4), 205-218.
- Holland, J.L. & Gottfredson, G.D. (1976). Using typology of persons and environments to explain career; some extensions and clarifications. *The Counseling Psychologist*, 6(3), 20-29.
- Holland, J.L. (1996). Exploring career with a typology: What we have learned and some new directions. *American Psychologist*, 51(4), 397-406.
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- Zunker, V.G. (2006). *Career counseling: Applied concepts of life planning* (7th ed.). Pacific Groves, CA: Brooks/Cole.
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