














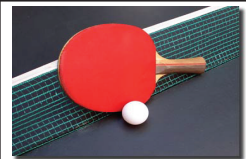









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Overlook Fitness Center
<div>  <div> CPR/AED for the Prof. February 7 9:30am-2:30pm CPR/AED for the Prof. REVIEW February 7 2:30pm-6:30pm Register @ the Rec Center </div> </div>	<div> <div> <div> Conditioning & Self Defense @ OFC 3:45pm-4:45pm Yoga @ The Rec 7:30pm-8:30pm </div> <div>1</div> </div> <div> <div> WPUNJ Basketball Women 6:00pm Men 8:00pm </div> <div>  </div> </div> </div>	<div> <div> <div> </div> <div>2</div> </div> <div> <div> Yoga @ The Rec 5:00pm-6:00pm </div> <div>  </div> </div> </div>	<div> <div> <div> Kickboxing @ OFC 3:45pm-4:45pm Yoga @ OFC 5:00pm-6:00pm </div> <div>3</div> </div> <div> <div> WPUNJ Basketball Women 6:00pm Men 8:00pm </div> <div>  </div> </div> </div>	<div> <div> <div>  <div>4</div> </div> <div> Zumba @ OFC 5:00pm-6:00pm </div> </div> </div>	<div> <div> <div> </div> <div>5</div> </div> <div> Adult Swim Lessons Begin in March Register @ The Rec </div> </div>	<div> <div> <div>  <div>6</div> </div> </div> </div>	<div> <div> Mon.-Fri. 7:00am-11:00pm Saturday 9:00am-9:00pm Sunday 11:00am-11:00pm *WPUNJ Student ID Required </div> <div>  </div> </div>
<div> <div> <div>  <div>7</div> </div> <div> SUPER BOWL SPECTACULAR 6:12pm Power Yoga @ OFC 7:30pm-8:30pm </div> </div> </div>	<div> <div> <div> Conditioning & Self Defense @ OFC 3:45pm-4:45pm Yoga @ The Rec 7:30pm-8:30pm </div> <div>8</div> </div> </div>	<div> <div> <div> </div> <div>9</div> </div> <div> <div> Yoga @ The Rec 5:00pm-6:00pm </div> </div> </div>	<div> <div> <div> Kickboxing @ OFC 3:45pm-4:45pm Yoga @ OFC 5:00pm-6:00pm </div> <div>10</div> </div> <div> <div> WPUNJ Basketball Women 6:00pm Men 8:00pm </div> <div>  </div> </div> </div>	<div> <div> <div>  <div>11</div> </div> <div> Zumba @ OFC 5:00pm-6:00pm </div> </div> </div>	<div> <div> <div> </div> <div>12</div> </div> <div>  </div> </div>	<div> <div> <div>  <div>13</div> </div> <div> WPUNJ Basketball Women 1:00pm Men 3:00pm Get The Hike Outta Here! Morristown National Historical Park 10:00am-3:30pm </div> </div> </div>	<div> <div> Rec Center Hours Monday-Friday 7:00am-11:00pm Saturday-Sunday 9:00am-9:00pm </div> </div>
<div> <div> <div>  <div>14</div> </div> <div> Valentine's Day Power Yoga @ OFC 7:30pm-8:30pm </div> </div> </div>	<div> <div> <div> </div> <div>15</div> </div> <div> All Fitness Classes Cancelled Open Rec Swm Cancelled President's Day Classes cancelled </div> </div>	<div> <div> <div> </div> <div>16</div> </div> <div> <div> Yoga @ The Rec 5:00pm-6:00pm </div> </div> </div>	<div> <div> <div> </div> <div>17</div> </div> <div> <div> Kickboxing @ OFC 3:45pm-4:45pm Yoga @ OFC 5:00pm-6:00pm </div> </div> </div>	<div> <div> <div>  <div>18</div> </div> <div> Zumba @ OFC 5:00pm-6:00pm </div> </div> </div>	<div> <div> <div> Friday Nite at the Rec  Fabulous Feud Friday Free Food 10:00pm-1:00am </div> <div>19</div> </div> </div>	<div> <div> <div> </div> <div>20</div> </div> </div>	<div> <div> Open Rec Swim Wightman Gym Pool Mon.-Fri. 11am-2pm Mon.-Thurs. 7:30pm-10pm Sat.-Sun. 12pm-4pm </div> </div>
<div> <div> <div> </div> <div>21</div> </div> <div> Entries due for Floor Hockey & Ping Pong Power Yoga @ OFC 7:30pm-8:30pm </div> </div>	<div> <div> <div> Floor Hockey Captain's Meeting 6:00pm @ The Rec </div> <div>22</div> </div> <div> <div> Conditioning & Self Defense @ OFC 3:45pm-4:45pm Yoga @ The Rec 7:30pm-8:30pm Adult CPR/AED 9:30am-12:30pm </div> </div> </div>	<div> <div> <div>  <div>23</div> </div> <div> Ping Pong Tournament 6:00pm @ The Rec Yoga @ The Rec 5:00pm-6:00pm </div> </div> </div>	<div> <div> <div> </div> <div>24</div> </div> <div> <div> Kickboxing @ OFC 3:45pm-4:45pm Yoga @ OFC 5:00pm-6:00pm </div> </div> </div>	<div> <div> <div>  <div>25</div> </div> <div> Zumba @ OFC 5:00pm-6:00pm </div> </div> </div>	<div> <div> <div> </div> <div>26</div> </div> <div> Entries due for 3 Point Shootout </div> </div>	<div> <div> <div> <div>  <div>27</div> </div> </div> </div> </div>	<div> <div> <div>  <div> Become a Lifeguard Register Now </div> </div> <div> Lifeguard Training & Water Safety Instructor Classes begin in March </div> </div> </div>
<div> <div> <div>  <div>28</div> </div> <div> Power Yoga @ OFC 7:30pm-8:30pm </div> </div> </div>	<div> <div> <div> Conditioning & Self Defense @ OFC 3:45pm-4:45pm Yoga @ The Rec 7:30pm-8:30pm </div> <div>29</div> </div> </div>	<div> <div> Recreational Services 973.720.2777 www.wpunj.edu/reccenter </div> </div>				<div> <div> <div> LEARN CPR You Can Do It! </div> <div> February 2016 </div> </div> </div>	<div> <div> <div> Sign up @ The Rec    @WPRec </div> </div> </div>