



HAPPY NEW YEAR

January 2020 #LearningHabits Challenge

Happy New Year! January is a great time to build new habits to help you achieve your goals in the year ahead.

This year, to help you to build the **habit of learning** in 2020, we're launching our first-ever **January #LearningHabits Challenge** with **LinkedIn Learning**, kicking off **January 13th**.

Challenge yourself to complete each day's short task or video. Each can be completed in **5 minutes or less**.

Print this calendar and mark it off each day when you've completed the daily task to keep yourself on track.
Happy Learning!

Monday	Tuesday	Wednesday	Thursday	Friday
13 Activity 🎯: Update the "Skills I'm Interested in" section within your preferences	14 Video ▶: Define Your Goals (3m, 29s)	15 Video ▶: Making Great Plans (3m, 15s)	16 Video ▶: Creating Productive Habits (2m, 53s)	17 Video ▶: Be the boss of your inbox (1m, 37s) Set email times (1m, 55s)
20 Video ▶: Spending your time wisely (50s) Managing time and tasks (1m, 42s)	21 Video ▶: Beat procrastination (2m, 11s) From saying "no" to batching work (2m)	22 Video ▶: Get rid of your worries (4m, 17s)	23 Video ▶: Leading others (2m, 17s) Leadership styles (2m, 17s)	24 Video ▶: Responding to quick questions (3m, 20s)
27 Video ▶: The two most important hours of your day (2m, 40s)	28 Video ▶: How being kind improves productivity (2m, 49s)	29 Video ▶: Building personal resilience (3m, 1s)	30 Video ▶: Be a lifelong learner (3m, 10s)	31 Activity 🎯: Recommend a course or video to a colleague or a teammate