



Jessica D. Lake, LCSW

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SUMMARY OF QUALIFICATIONS

Full-time Faculty and Administrator with exceptional student evaluation ratings for both in-person and asynchronous courses. Nearly two decades of proven results solving complex crises, driving multidisciplinary teams, and negotiating multiple high-level strategy projects at scale. Extensive clinical practice expertise in psychotherapy, clinical supervision, holistic wellness design, curriculum development, and nonprofit management.

EDUCATION

Yale School of Management	Certificate in Women's Leadership	2022
Columbia University	Developing Leaders Program For Nonprofit Professionals	2017
University at Buffalo	M.S.W	2006
University at Buffalo	B.A., Psychology; Social Sciences Interdisciplinary, <i>Cum Laude</i>	2004

EMPLOYMENT

<i>Full-Time Faculty/ Program Director, Bachelor of Social Work</i> William Paterson University of New Jersey Wayne, NJ	2022-present
<i>Private Practice Psychotherapist and Consultant</i> Wayfinding Heart Fair Lawn, NJ	2022-present
<i>Managing Director of Social Services, Wellness, & Parent Engagement</i>	2021-2022
<i>Senior Manager of Social Services and Social Work</i>	2017-2021
<i>Director of Social Services for Promise Academy Charter Schools</i> Harlem Children's Zone Harlem, NY	2014-2017

Director of Personal Counseling 2011-2014
Bloomfield College of Montclair State University
Bloomfield, NJ

Intensive In Community Clinician 2006-2014
Bilingual Consultants
Bergen County, NJ

Senior Counselor/Psychotherapist 2008-2011
Saint Peter's University
Jersey City, NJ

Clinician 2006-2011
Fordham Tremont Community Mental Health Center
Bronx, NY

CURRICULA DEVELOPED, COURSES TAUGHT OR CO-CREATED

Social Inequality	Psychopathology and Well-Being
Introduction to Social Work	Professional Orientation in Social Work
Social Work Micro Practice	Field Practicum and Seminar I
Social Welfare Policy and Practice	Field Practicum and Seminar II
Human Behavior and Social Environment I	Field Work in Social Services
Human Behavior and Social Environment II	Sociology of the Family

UNIVERSITY SERVICE/SCHOLARSHIP

Primary Author for CSWE Accreditation	2022-Present
Advising to BSW and Sociology Human Services Concentration	2022-Present
Co-Chair, Honors Society Induction Ceremony	2022-Present
Co-Advisor Sociology, Criminal Justice and Social Work Club	2023
Chair, BSW Launch Programming	2022
Committee Member, Senate COVID-19 Task Force	2022

LICENSES AND CERTIFICATIONS

Licensed Clinical Social Worker (LCSW); New Jersey License No: 44SC0543610
Licensed Clinical Social Worker (LCSW); New York License No: 082047
School Social Worker, Permanent Certificate – NYSED Control #56062811
Seminar Training in Field Supervision (SIFI)
Certified Mindfulness and Meditation Teacher by the School of Positive Transformation, accredited by the International Mindfulness and Meditation Alliance (IMMA)

INVITED PEER REVIEWER

Garrett Lee Smith Suicide Prevention Conference Grantee Proposal Review, 2011

PROFESSIONAL MEMBERSHIPS, COMMUNITY SERVICE & PRACTICUMS

Fair Lawn Latin Heritage Celebration Advisory Council, <i>Co-Chair</i>	June 2023-Present
United Nations Association Southern NY Division, <i>Board Member</i>	Jan. 2022-Present
Fair Lawn Arts Council Art in the Park <i>Co-Chair, Music Committee</i>	March 2021- Present
International Humanitarian Service - Newton Presbytery Nairobi, Chuka, Nanyuki, Soweto, Kibwezi & Mombasa, Kenya <i>NGO Volunteer</i>	June-July 2012
Child and Adolescent Treatment Services (CATS). Buffalo, N.Y. <i>Practicum II</i>	Aug. 2005 - May 2006
Catholic Charities. Buffalo, N.Y. <i>Practicum I</i>	Aug. 2004 - May 2005
University at Buffalo Sexuality Education Center <i>Intern</i>	Sept. - May 2000

GRANTS

Extensive grant experience under various capacities and roles. Co-authored, managed, coordinated and operated as lead reporter on various grants from 2009-2021. Grant fund experience ranges from \$75,000 to \$12 Million; inclusive of private, city, state and federal funding.

PRESENTATIONS, PANELS & ROUNDTABLES

"The Beam of Light: A Strength-Based Approach to Student Success." William Paterson University What Works Conference, Wayne, NJ, 2023.

"Reaching To Re-Ignite: A Trauma-Responsive Approach to Support Equity & Belonging in the Classroom." William Paterson University What Works Conference, Wayne, NJ, 2022.

"Meditation and Gentle Movement. Wellness Day." William Paterson University, Wayne, NJ, 2022.

"Kick Start Your Wellness Journey, ASPIRE STEM." William Paterson University, Wayne, NJ, 2022.

"Collaborations and Partnerships." Promise Neighborhoods National Network Conference, Arlington, VA, 2018.

“Action to Access, Trauma-Informed Approach to Staff Wellness.” ACES Connection Conference, San Francisco, CA, 2018.

“Same Language, Different Cultures: Reaching Hispanic/Latino Students on Campus.” Garrett Lee Smith Suicide Prevention Grantee Meeting, Baltimore, MD, 2012.

“Challenges Faced By First Generation Latina College Students.” Passaic Community College, Paterson, NJ, 2010.

“Counseling in a Multicultural Community.” Saint Peter’s College, Jersey City, NJ, 2010.

“Models of Collaboration: The Garrett Lee Smith Memorial Act Suicide Prevention Grantees.” NASPA Mental Health Conference, New Orleans, LA, 2010.

“Examining the Family Environment for Risk and Protective Factors.” Garrett Lee Smith Suicide Prevention Grantee Meeting, Phoenix, AZ, 2009.

“The New Non-Traditional Student.” Saint Peter’s College Faculty Conference, Jersey City, NJ, 2009.

“How to Get In, Stay in and Afford College.” Saint Peter’s College JNEE Hudson County Community Grant, Jersey City, NJ, 2009.

“Peer Education Programming and the At-Risk Student.” Saint Peter’s College Board of Trustees, Jersey City, NJ, 2009.

“Stress Management and Burn-Out Prevention.” Women’s Rising, Jersey City, NJ, 2009.

AWARDS & RECOGNITION

Recipient of the Iota Phi Theta Fraternity, Inc. "Distinguished Woman Award"
Recipient of the Distinguished Saint Peter’s University Ignatian Award: *Cura Personalis*
Saint Peter’s University Club Advisor of the Year Award, “Peer Educator Club”
Outstanding Program/Service/Education/Spiritual Award: *Reality and Relationship Series*

INTERESTS

Meditation, hikes, international fiction novels, pop culture, historical dramas, post-impressionist and visual arts. Avid traveler visiting 16 countries and over 45 cities across 5 continents.